



Can a Swear be a Prayer?

Darrell Fusaro (September 28, 2015)



There is a Power for good in the universe greater than you are, and you can use it. -Ernest Holmes

Whether you have never prayed before or want to become a better pray-er, the Crabby Mystic can



help! Sister Mary Lea Hill, of the [Daughters of St. Paul](#) [2] since 1964, has the gift of enlightening saints and the not so saintly on the practical benefits of prayer with her dry wit and offbeat wisdom. When I saw her book [Prayer and You](#) [3] on a bookstore shelf it was its subtitle, [Wit and Wisdom from a Crabby Mystic](#) [3], that compelled me to take it down and open it up. I can enthusiastically say that it lives up to the hype.

Sr. Mary Lea's lighthearted examples of prayer makes jumping into a personal relationship with God easy to do. Every short and fun-to-read chapter kicks off with a witty and provocative heading. And there are eighty (80) of them to enjoy. Each one is a comforting quick pick-me-up. Some of my favorites are, "Are We There Yet?", "Ho-Hum Prayer", "Spitefully Yours", and "Thanks for Nothing!".

Most refreshing is that the Crabby Mystic makes it clear: nuns are human too. By sharing her everyday reaction to life in ways that we can all identify with is enlightening. Her knack of combining compassion with a sense of humor gives readers permission to enjoy simple methods of connecting with God. This is likely the friendliest book on prayer you will ever have the pleasure of reading. Applying any of her suggestions will convince anyone, devout or not, that prayer is an effective and practical solution to everyday problems.

[Click on this link to get your copy of Prayer and You: Wit and Wisdom from a Crabby Mystic today.](#)

[3] The book makes a great gift as well.



“Afraid of praying? Confused about how to pray? Wondering where to begin? Sister Mary Lea Hill's warm and witty book on prayer is like sitting down with an experienced spiritual director who has a great sense of humor. Let her invite you, in ways that are by turns provocative, lighthearted and profound, into a deeper relationship with the God who desires to be in relationship with you.”

-James Martin, SJ, author of *The Jesuit Guide to (Almost) Everything*



Sr. Mary Lea shares her signature humor on Twitter @crabbymystic and has been a repeating guest on the podcast I co-host [Funniest Thing! with Darrell and Ed](#) [4]. If you're interested listening, here is the link to one of our favorite episodes with the Crabby Mystic, [Let's Play Connect the Dots!](#) [5]

-Darrell Fusaro

Cartoonist Darrell Fusaro is the co-host of the [Funniest Thing! with Darrell and Ed](#) [4] podcast and author of [What If Godzilla Just Wanted a Hug?](#) [6]

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